

Family Guidance Activities to Maintain Skills

Motor/Pre-writing:

- Trace/ write name 3 times.
- Scissors Skills- Have you student cut any of the follow items: cooked noodles, leaves, parchment paper, playdough, ribbon, easter grass, tin foil, newspaper, streamers, wrapping paper scraps, streamers, old mail, yarn, tissue paper, thin cardboard, flowers, fabric scraps, photos.... Don't have scissors, have your student rip paper strips.
- Fill a ziplock bag with some shaving cream, zip it closed and trace letters and numbers with their finger
- Make Playdough (Recipe Here)
- Paint with paint brushes and water on cement
- Fill a tray or cookie sheet with sand or beans, have your student trace letters, shapes, lines, numbers etc in it
- Build a fort with sheets, pillows, and chairs and have your student climb in and out, arm crawl, etc
- Trace your student's name on a piece of paper and give them stickers to pull off and stick onto of the written lines
- Use kitchen tongs to pick up pom poms or other items and sort them by color
- String cereal onto yarn/string/pipe cleaners